

LA NOOL ENDOMETRIOSIS (XUUB KA SOO DUL BAXA ILMA GALEENKA) MANA U BAAHAN TAHAY IN LAGU CAAWIYO?

**MACLUUMAAD TAYO LEH • KOOXAHA TAAGEERADA
WEBSAYD LAGU WADA SHEEKAYSTO • KHADKA CAAWIMADA •
MADAL ONLAYN AH • SIMINAAR ONLAYN AH**

Haddii lagugu aqoonsado oo aad la nooshahay xuub ka soo dul baxa ilma galeenka waxay noqon kartaa waayo-aragnimo cabsi leh. Haddii ay sheeyadu kugu adkaanayaan, **waxaan halkan u joognaa inaan ku caawino.**

Mutadawiciintayda tababaran, oo dhammaan waayo aragnimo gaar ah u leh endometriosis (xuub ka soo dul baxa ilma galeenka), ayaa ku siin kara caawimo aad u baahan tahay si aad u fahantid xaaladaada oo u maamusho.

WAX BADAN SOO OGOW

 www.endometriosis-uk.org

ENDOMETRIOSIS^{UK}

MACLUUMAAD TAYO LEH

Haddii aad qabto su'aalo ku saabsan cudur baadhida, doorashooyinka daawaynta ama farsamooyinka is daryeelka, waxaad ka heli doontaa macluumaad la isku halayn karo oo la aami karo websaydkayaga.

KOOXAHA TAAGEERADA

Kooxaheena taageerada ayaa ku siin kara macluumaadka ugu badan ee loo baahdo, taageerada iyo saaxiibtimada qof kasta oo ay saamaysay endometriosis (x uub ka soo dul baxa ilma galeenka). Ku biirida kooxdu waxay ku siin karaan fursada aad kula kulanto oo kula hadasho dadka kale kuwaas oo fahma xaaladaada.

KHADKA CAAWIMADA

Haddii hadda lagugu aqoonsaday cudurka, aad ka qabto su'aalo doorashooyinka dawada ama aad jeclaan lahayd inaad qof la hadashid, waxaad ka wacdaa khadkayaga caawimadfa qarsoonida ah ee endometriosis (xuub ka soo dul baxa ilma galeenka) oo ah lacag la'aan **0808 808 2227**

WEBCHAT

Iyadoo bixinaysa taageero isku mid ah iyo macluumaad sida Khadkayaga caawimada, adeegyaga webchat ee bilaashka ah ee qarsoodiga ah ee endometriosis (xuub ka soo dul baxa ilma galeenka) waxa u kuu oggolaadaa inaad la hadasho mid ka mid ah mutad-awicintyada adiga oo isticmaalaya wada sheekaysigeena tooska ah.

MADASHA HEALTH UNLOCKED (CAAFIMAAD QUFULKA LAGA FURAY)

Madasheena falan qaynta iyo taageerada onlaynka ah waa meel aad si nabdoon oo qarsoodi ah uga hadli kartid dhibaataadaada, oo aad dadka waydiin karto wixii su'aalo ah oo aad qabto sidoo kalana aad wax badan kaga ogaan karto endometriosis (xuub ka soo dul baxa ilma galeenka a).

SIMINAARADA ONLAYNKA AH

Seminaradeena onlaynka ee taxanaha ah waxay u gudbiyaan macluumaad khibrad leh bulshadeena kobcaysa eeendometriosis (xuub ka soo dul baxa ilma galeenka). Waxaan la shaqaynaa khuburada endometriosis (xuub ka soo dul baxa ilma galeenka) kuna sugan UK si aan u taageerno una wargelino bulshadeena daaweynta iyo daryeelka endometriosis (xuub ka soo dul baxa ilma galeenka).

Wixii tafaasiil dheeraad ah oo ku saabsan adeegyadayda taageerada booqo www.endometriosis-uk.org/get-support

 Khadka caawimada: **0808 808 2227**



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