

GET INVOLVED

Getting your company involved

Information about fundraising for...



endometriosis uk

Many companies support charities, especially if one of their employees is involved. Often it is simply a matter of nominating Endometriosis UK for your company's support. This leaflet provides some information about company involvement, but if you want further information or have any questions, please call us on 020 7222 2781.

Endometriosis UK is always looking to work with companies. If you know one that might be interested in a mutually beneficial partnership, please do give us a call.

email: fundraising@endometriosis-uk.org

www.endometriosis-uk.org

providing support increasing understanding

Matched giving schemes

If you do any fundraising, or hold an event for Endometriosis UK remember to check if your company will match the amount you raised. Many companies operate matched giving schemes, where they match the funds you raise up to a certain amount. If your company do not already operate the scheme, ask them to set one up! We'd be happy to talk to them about the benefits.

You could, of course, always ask them to support your fundraising efforts anyway. For most matched giving schemes, you will need to get a receipt from us for your total amount raised so that you can claim the donation from your company.

Payroll giving

Just a small amount each week can make a huge difference. Giving via your pay roll provides us with a reliable source of ongoing income which gives security to the vital services we provide now, while allowing us to develop our work to help many more women.

Payroll giving is a simple way to give to charity. Donations are deducted from your gross pay entirely tax free. Therefore, each time you are paid, your Payroll Department deducts a donation before tax is calculated. For example:

You give	£3.90 per month
Your taxman adds	£1.10
The total given to NES	£5.00

So as you can see, for every £5 you donate, if you pay the basic rate tax, it will actually only cost you £3.90.

All you need to do is check that your company offers the scheme and decide how much you would like to give and your company will put it through your payroll. If your company do not operate the scheme, please let us know and we can send them some information.

Sponsorship

Some companies will offer sponsorship of fundraising events. This will help to cover some or all of the expenses incurred with running an event. Support does not always have to be financial; many companies offer gifts in kind such as printing, prizes for raffles etc, and free use of equipment or venues which can all make a big difference to your expenditure. Visit your local companies to see if they will get involved with your event.

Employee involvement

As well as giving donations or gifts in kind, many companies will allow their employees time off during the year to offer their expertise and services to a charity.

As well as offering their skills, employees can organise a fundraising event for Endometriosis UK. If your company does allow you to organise an event at work, don't forget to advertise the event as widely as possible. If your company has a staff newsletter or magazine, write an article highlighting the event and also the work of Endometriosis UK. Make sure you include your own email address and extension numbers so that people can contact you for more details.

Recycling: be green and support endometriosis

Choosing to recycle your printer cartridges and mobile phones for Endometriosis UK is such an easy way to make a difference. Maybe you could encourage your company to get involved with the scheme.

See our website for details on where to send your recycling: www.endometriosis-uk.org



Fundraising at work

Organising a small event at work can be fun and great for morale and team spirit. It need not take too long to organise and, with the permission and co-operation of your manager and colleagues, can help to raise valuable funds for the Endometriosis UK. We can help you advertise the event by providing information leaflets and posters etc.

Coffee Mornings: Invite everyone in your workplace to join you for a cup of coffee or tea at a convenient time of day. If it is not appropriate for everyone to break off at the same time you could have this as an ongoing event for an hour or so. Providing home made cakes or special biscuits will add to sales.

Bonus Ball: An easy and fun way to brighten up the beginning of the week! Everyone chooses a number from 1 to 49 and puts £1 or £2 into the pot. Check what the bonus ball was in the Lottery draw at the weekend, and whoever has that number wins £10! The rest of the takings go towards supporting Endometriosis UK!

Most awful tie competition: This one speaks for itself! £1 to enter your tie, the winner gets a percentage of the profits.

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Dressing Down Days: Friday is always a good day to hold a dressing down day. Make sure everyone knows when you are going to hold it and that they should wear casual clothes to work that day (or a fancy dress theme if your work clothes are usually casual). Ask for a £2 contribution per person – you could always impose a penalty for those who don't join in!

£1 to work day: Ask all your colleagues to bring a £1 to work to donate it to charity. Collect it all up and send it to us, you will be amazed at how much you can raise this way.

Bring and Buy Sales: Books, home made cakes and produce are excellent items for a workplace Bring and Buy. Find a suitable location and time and make sure everyone knows about it. This can be a really easy event to organise and if it proves to be popular, why not do it on a regular basis.

Sponsored lunch run: Offer to pop out and buy lunch for your busy colleagues. Charge them 20p for the privilege – 5 lunches a day could raise £20 a month!

Weekend meat and wine draw: Joints of meat and bottles of wine to be won every Friday – perfect for the weekend. Towards the end of the week sell raffle tickets for £1 a strip. Use some of the takings to buy the prizes and give the rest to Endometriosis UK. Meat and wine are popular, but you could include chocolates and flowers too. Near Christmas, do a special draw for a Christmas hamper.

Spot the baby competition: Ask everyone to bring in a baby photo and then charge 50p for people to have a go at guessing the identity of all the photos. The winner either gets a prize or a percentage of the profits.



endometriosis uk

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